

ADULTS (Age 18+ years)

Sunday: 11-12 AM

Monday: 8-9 AM Weapons, 9-10 AM Mixed, 6:45-7:45 PM Mixed

Tuesday: 6:30-7:30 PM Mixed

Wednesday: 8-9 AM Weapons, 9-10 AM Mixed, 6:45-7:45 PM Mixed

Thursday: 6:30-7:30 PM Mixed

Friday: 8-9 AM Weapons, 9-10 AM Mixed, 6:45-7:45 PM Mixed

JUNIORS (Age 6-17 years)

Monday: 5:30-6:30 PM Mixed

Wednesday: 5:30-6:30 PM Mixed

Friday: 5:30-6:30 PM Mixed

NOTE

Teens (Age 12-17 years) may participate in Tuesday and Thursday Adult classes, and in other Adult classes if permitted by the instructor.

Weapons = Jo and Bokken

Mixed = Mixed levels